

Cataract Post-Operative Instructions

What if any symptoms can I expect following surgery?




- Mild discomfort (itching, scratching, burning, feeling something is in the eye, etc.) is normal following cataract surgery. Extra strength Tylenol can be taken every 4-6 hours for pain.
- Light sensitivity and/or problems with glare are common immediately following surgery. You can use the dark protective sunglasses provided in your eye kit as needed.
- Severe pain is NOT expected.

Most daily activities can be resumed following your surgery, in particular:

- You may read or watch television as long as you are comfortable.
- Bathing and showering are permitted as long as precautions are taken to avoid contacting the eye with water.
- Do not rub your eye.
- Strenuous activities, such as heavy lifting (over 15 pounds) or bending (below the waistline), should be avoided for at least one week.
- You will need someone to drive you to your first post-operative appointment

Eye drops:

Every time you use your eye drops you should wait 3-4 minutes with the eye closed to allow enough time for the drop to get absorbed in the eye.

<p>Vigamox</p>		<p>Use 1 drop 4 times a day in the surgery eye for 1 week – then discontinue.</p>
<p>Pred Forte 1%</p>		<p>Use 1 drop 4 times a day in the surgery eye for 1 week – then 2 times a day for 3 more weeks.</p>
<p>Nevanac</p>		<p>Use 1 drop once daily in the surgery eye for 4 weeks (or until out).</p>

Contact the office immediately if you experience:

- Persistent pain (not relieved by Tylenol)
- Excessive redness
- Discharge
- Unexpected loss of vision and/or field of vision

Phone: 662-286-6068 (office) or 601-214-8373 (emergencies only)